

48 Hour Opt Out Form

Please only complete relevant sections as appropriate and return to: **HR, 13 Marlborough Road Langley Slough SL3 7JW** or email: **info@macadamiasupport.co.uk**

Personal Details

First Name		Job Title	
Surname		Department	

I(insert name) agree that I may work for more than an average of 48 hours a week. If I change my mind, I will give my employer up to 3 months' notice in writing to end this agreement.

Signature of Employee

Signature		Date	
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